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| March 21, 2015Kundalini Fusion***MORNING SADHANA****: A fusion of Kundalini, Yin, Hatha & Breath to gently awaken the Body, Mind & Spirit*Patti Adye O’Donahue, M.A., R.Y.T. grew up listening to stories of dreams, voices of wisdom, and knowings from the women in her family. She spent her adult years leading transformative ecological programs and working with indigenous peoples, eventually going on to graduate school, where she researched and wrote on intuitive leadership. Patti lives on the west coast of Canada where she is a consultant, writer and speaker on birthing new dreams. She has written a book called, “**The Gift, Intuitive Leadership: Inspiring a New Dream of Earth**” on listening to the wisdom of the Soul.  |
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| March 21st, 2015Cost: $20Saturday Morning10 – 12 am Location: YUM YOGA & DANCE STUDIO*Overlooking Beautiful Cowichan Bay*1701 Pavenham Road Erin Collins @ 250.715.5802 Yogaerin2011@gmail.comPre-registration required |
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| [www.intuitiveleadership.ca](http://www.intuitiveleadership.ca):vibrant\_life@hotmail.com Info: 250.792.3211 |

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